



## **Canine Neuter FAQ**

By Wendy C. Brooks, DVM, DABVP



### **What Are the Health Benefits to the Dog?**

There are several health benefits to neutering. One of the most important concerns the prostate gland, which under the influence of testosterone will gradually enlarge over the course of the dog's life. In old age, it is likely to become uncomfortable, possibly being large enough to interfere with urination and defecation. The prostate under the influence of testosterone is also predisposed to infection, which is almost impossible to clear up without neutering. Neutering causes the prostate to shrink into insignificance, thus preventing both *prostatitis* as well as the uncomfortable *benign hyperplasia* (enlargement) that occurs with aging.

Other health benefits of neutering include the prevention of certain types of hernias and tumors of the testicles and anus. Neutering also reduces excessive *preputial discharge*.

### **What Behavioral Changes Can Be Expected after Neutering?**

The only behavior changes that are observed after neutering relate to behaviors influenced by male hormones. Playfulness, friendliness, and socialization with humans are not changed. The behaviors that change are far less desirable. *The interest in roaming is eliminated in 90% of neutered dogs.* Aggressive behavior against other male dogs is eliminated in 60% of neutered dogs. Urine marking is eliminated in 50% of neutered male dogs. Inappropriate mounting is eliminated in 70% of neutered dogs.

### **What Exactly Is Done Surgically?**

An incision is made, generally just forward from the scrotum. The testicles are removed through this incision. The stalks are tied off and cut. Castration is achieved. If the testicles are not removed, the desirable benefits listed above cannot be achieved. The skin incision may or may not have stitches.

### **What Can I Expect upon Discharge from the Hospital?**

The scrotum is often swollen in the first few days after surgery, leading some people to wonder if the procedure was really performed. If the dog is immature at the time of neutering, the empty scrotum will flatten out as he grows. If he is mature at the time of neuter, the empty scrotum will remain as a flap of skin. Sometimes the incision is mildly bruised but this is not unduly sore for the dog and pain relief is almost never necessary post neuter. Most male dogs are eager to play by the day after surgery but to keep the incision intact; it is best to restrict the dog from boisterous activity.

## **At What Age Can Neutering Be Performed?**

Neutering can be performed at any age over age 8 weeks. Dogs neutered before puberty (generally age 6 months) tend to grow a bit bigger than dogs neutered after puberty (testosterone is involved in causing bones to stop growing, so without testosterone the bones stop growing later). Neutering can also be performed in the geriatric patient should the prostate gland become enlarged and the best medical decision is to shrink it.

The traditional age for neutering is around 6 months of age and many veterinarians still recommend neutering at this age. The benefits of neutering (both health and behavioral) can still be obtained regardless of the age at which neutering is performed.

## **Will He Get Over-Weight or Lethargic?**

Activity level and appetite do not change with neutering. A male dog should not gain weight or become less interested in activity post neuter.

## **Will he Still Be Interested in Females?**

His interest will be reduced but if he is around a female dog in heat, he will become aroused by her. Mounting behavior often has roots in the expression of dominance and may be expressed by a neutered male in a variety of circumstances that are not motivated by sexuality.

## **What if a Dog Has an Undescended Testicle?**

Undescended testicles have an increased tendency to grow tumors over descended testicles. They may also twist on their stalks and cause life-threatening inflammation. For these reasons, neutering is recommended for dogs with undescended testicles. This procedure is more complicated than a routine neuter; the missing testicle can be under the skin along the path it should have descended to the scrotum or it may be inside the abdomen. Some exploration may be needed to find it thus there is often an incision for each testicle. The retained testicle is sterile and under-developed. If there is one descended testicle, this one will be fertile, but since retaining a testicle is a hereditary trait it is important that the male dog not be bred before he is neutered.

## **One Final Thought...**

### **BEHAVIOR IS THE NUMBER ONE KILLER OF DOGS**

Most bites to humans are by UN-NEUTERED MALES.

The largest percentage of roaming dogs  
are UN-NEUTERED MALES.

The largest incidence of dog to dog aggression  
is in UN-NEUTERED MALES.

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## **Spay/Neuter Myths**

### **1. MY DOG WILL GET FAT AND LAZY.**

With the right amount of food and exercise, your pet will not become overweight following spay/neuter. He/She will require fewer calories to maintain proper weight and should be fed less - he will be less expensive to feed! A dog's laziness or inactivity depends on his personality and temperament.

### **2. IT'S IMPORTANT TO LET A FEMALE HAVE ONE HEAT PERIOD.**

There is no proven benefit in allowing one heat cycle. One heat cycle is one extra risk of unwanted pregnancy. Females will generally be temperamental during this period, will drip on your floor, and will attract a yard-full of waiting suitors. Spaying prior to the first heat cycle will prevent 98% of all breast (mammary) cancers.

### **3. SPAYING IS DANGEROUS.**

When done by a licensed veterinarian, elective spay/neuter surgery is actually less dangerous than the stress and danger of complications possible in pregnancy.

### **4. STERILIZED PETS AREN'T GOOD WATCH DOGS.**

Animals that are spay or neutered are generally more content with home and family and are more devoted. The "bad" watchdog would be "bad" sterilized or not.

### **5. BUT MY DOG IS PUREBRED / UNUSUAL / SPECIAL**

If you think your pet should be bred for any of these reasons, visit your local shelters. See the many special, beautiful dogs and the large number of purebreds there. Approximately 70% of these dogs will be euthanized. There aren't enough homes for them all. For every puppy you place, another goes homeless.

### **6. BUT MY DOG IS A MALE!**

While a female dog can have two litters per year, a male could sire that many in an afternoon! He can sense a female in season within a 2 ½ mile radius and will do anything to get to her. Neutered males are far less quarrelsome and more content to stay home with you.

### **7. I WOULDN'T DO IT TO MYSELF; I COULDN'T DO IT TO MY DOG!**

Animals conceive and produce litters purely on biological instinct, an instinct which lasts for that moment alone. They don't feel deprived by sterilization, but an unsterilized dog will feel extreme frustration when in season or when they sense an in-season female is nearby. This frustration often leads to behavior problems and aggression.